SECTION II

Hitler the Man -- Notes for a Case History

by

W. H. D. Vernon
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W. H. D. Vernon

Harvard University

The purpose of this paper is to bring together in brief form what is known about Adolf Hitler as a man. For if allied strategists could peer "inside Hitler" and adapt their strategy to what they find there, it is likely that the winning of the war would be speeded. It must be admitted, to begin with, that the intricacies of so complex a personality would be difficult enough to unravel were the subject present and cooperating in the task. But there are two further difficulties to be faced. One must attempt both to select out of the great mass of material which has been written about Hitler that which appears to be objective reporting and then further to reconstruct his personality on the basis of this very inadequate psychological data. We have, of course, as primary source material, Hitler's own writings and speeches and these tell us a good deal. Though we must admit, therefore, at its beginning that the nature of our analysis is very tentative and that in many instances
only imperfect proof can be given for the inferences
which are drawn, it is no more tentative than the
psychological pen pictures which the Nazis themselves
have found so useful (3).

HITLER'S ORIGINS AND EARLY LIFE

In any case study one must begin by asking who
the subject is, whence he came, who were his forbears.
Heiden (8) presents the most reliable genealogy avail-
able. Here we note only certain important points.

Hitler's father, Alois, was born the illegitimate
son of Maria Anna Schicklgruber in 1837 in the village
of Spital. He was supposed to be the son of Johann
Georg Hiedler. However, to his fortieth year, Alois
bore the name of his mother Schicklgruber. Only
then, when Georg Hiedler was (if still alive) two
eighty-five years of age, and thirty-five years after
the death of his mother, did he take the name Hitler,
the maiden name of his mother-in-law. As Heiden says,
"In the life history of Adolf Hitler no mention is
ever made of the grandparents on his father's side.

1 January 6, 1877
2 There seems to be no record of his death.
The details invariably refer only to his mother's relations. There are many things to suggest that Adolf Hitler's grandfather was not Johann Georg Hiedler, but an unknown man" (8, 8). The ancestors on both sides of the family were peasant people of the district of Waldviertel, highly illiterate and very inbred (5; 8).

Alois Hitler, at first a cobbler, had by the age of forty achieved the position of an Austrian customs official. The education for this position was the contribution of his first wife, Anna Glasl, who, fifteen years his senior, died in 1883. His second wife, whom he married six weeks later, died in a year, and three months later, on January 7, 1885 (5), he married Klara Poelzl, a distant cousin.

In appearance Heiden has compared Alois to Hindenburg (8). Gunther (5) describes his picture as showing a big, round, hairless skull; small, sharp, wicked eyes; big bicycle-handle moustachios; and heavy chin. He was a harsh, stern, ambitious, and punctilious man (5; 8).

Alois' wife, Klara, is described (5) as being a tall, nervous young woman, not as strong as most peasant stock, who ran off to Vienna as a girl to
return after ten years (a daring escapade for one in her social status). Her doctor (1) describes her in her early forties as tall, with brownish hair neatly plaits, a long oval face and beautifully expressive grey blue eyes. A simple, modest, kindly woman.

Adolf Hitler, born in 1889, as far as can be ascertained was Alois' fifth child, the third of his own mother but the first to live more than two years. This it would seem was a large factor in channelling the great affection for Adolf which all the evidence seems to show she bore him. In return, Adolf, who feared and opposed his father -- as he himself admits -- gave all his affection to his mother, and when she died of cancer in 1908 he was prostrated with grief (8; 9; 1).

Adolf as a boy and youth was somewhat tall, sallow and old for his age, with large melancholy thoughtful eyes. He was neither robust nor sickly, and with but the usual infrequent ailments of a

3 Heiden points out that the uncertain details of Hitler's family have had to be collected from stray publications, that Hitler is reticent to the point of arousing suspicion, about his life story (8).

4 Alois' children were Alois, 1882 (son by first wife); Angela, 1883 (daughter by second wife); Gustav, 1885-1887; a daughter, 1886-1888; Adolf, 1889; Edmund, 1894-1900; Paula, 1895 or 1896 (children by third wife).
cold or sore throat. That he had lung trouble is a common and natural belief (9) but his doctor says "no" (1). His recreations were such as were free — walks in the mountains, swimming in the Danube, and reading Fenimore Cooper and Karl May.⁵ A quiet, well-mannered youth who lived with himself.⁶

About Adolf's early education we know little except what he himself tells us — that he early wanted to be an artist; that this outraged his father, who sternly determined to make a good civil servant of him; that there was a perpetual struggle between the two, with his mother siding with Adolf and finally sending him off to Vienna to complete his art education when his father died. Except for history and geography which caught his imagination he neglected his studies, to find in Vienna, when he failed his art examination, that his lack of formal education was a barrier to entering the architectural school.

At the age of nineteen, when his mother died, he went to Vienna to spend there three lonely and miserable years, living in "flop-houses" (7), eking out a living by begging, shoveling snow, peddling

⁵ A German author of Indian stories.

⁶ This in contrast to Hitler's own account of himself as a bit of a young tough (9).
his own postcards, working as a hod-carrier or casual laborer of any sort. Here his ideas began to crystallize, his anti-Semitism and anti-Slavism, his anti-ideas of all sorts. In 1912 he went to Munich and there as "water-color artist, picture postcard painter, technical draftsman and occasional house-painter Hitler managed to earn some sort of a living" (8, 25). In 1914 he enlisted in the army with great enthusiasm, performed his duties with distinction and bravery, was wounded, sent home to recover, and in March, 1917, was back at the front. He was aloof from comrades, zealous in his duty, and very lonely. Through all the war he received no letter or parcel (8).

The war over and with no home to go to, Hitler in 1919 was appointed an espionage agent of the insurgent Reichswehr which had just put down the Soviet Republic in Munich. Shortly thereafter he came in contact with Anton Drexler and what was to become later the Nazi party had its beginning. Further than this it is not necessary to follow Hitler's political history. It is too well known and the basic structure of his personality was already

7 Military awards were: Regimental Diploma for Conspicuous Bravery, Military Cross for Distinguished Service, Third Class, The Black Wounded Badge, and The Iron Cross, First Class (8).
formed. Later years have only brought to fruition latent tendencies and laid the final product open for the world to wonder at. We must now turn to a closer examination of this structure.

**HITLER'S PERSONAL APPEARANCE AND MANNER**

Portraits or moving pictures of Hitler are common enough, yet it is well to draw attention to various aspects of his physique. To most non-Nazis Hitler has no particular attraction. He resembles a second-rate waiter. He is a smallish man, slightly under average height. His forehead is slightly receding and his nose somewhat incongruous with the rest of his face. The latter is somewhat soft, his lips thin, and the whole face expressionless. The eyes are a neutral grey which tend to take on the color of their momentary surroundings.\(^8\) The look tends to be staring or dead and lacking in sparkle. There is an essentially feminine quality about his person which is portrayed particularly in his strikingly well-shaped and expressive hands (2; 8; 13; et al.).

Hitler's manner is essentially awkward and all his movements jerky except perhaps the gestures of

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\(^8\) This fact has caused an amazing number of different descriptions of his actual eye color.
his hands. He appears shy and ill at ease in company and seems seldom capable of carrying on conversation. Usually he declaims while his associates listen. He often seems listless and moody. This is in marked contrast to the dramatic energy of his speeches and his skillful play upon the emotions of his vast audiences, every changing mood of which he appears to perceive and to turn to his own purposes. At times he is conciliatory, at other times he may burst into violent temper tantrums if his whims are checked in any way (16).

ATTITUDES, TRAITS, AND NEEDS CHARACTERISTIC OF HITLER

Attitudes toward Nature, Fate, Religion. - First and last words are often significant. Mein Kampf begins with a sentiment of gratitude to Fate, and almost its last paragraph appeals for vindication to the Goddess of History. However, all through the book there are references to Eternal Nature, Providence, and Destiny. "Therefore, I believe today I am acting in the sense of the Almighty creator: by warding off the Jews I am fighting for the Lord's work" (9, 84). This feeling of being directed by great forces outside one, of doing the Lord's work, is the essence of the feeling of the religious mystic.
No matter how pagan Hitler's ethical and social ideas may be, they have a quality comparable to religious experience. Moreover, all through his acts and words, both spoken and written, is this extreme exaggeration of his own self-importance -- he truly feels his divine mission (16), even to the point of foreseeing a martyr's death (16).

As far as authorized religion is concerned, Hitler recognized both its strength and weaknesses (9; 12) and adopted freely whatever he found serviceable for his own ends. That he strikes down Protestant and Catholic alike is due merely to the conviction that these religions are but old husks and must give way to the new (9).

Toward conscience his attitude is a dual one. One the one hand he repudiates it as an ethical guide, heaping contempt on it as a Jewish invention, a blemish like circumcision (16). He scorches as fools those who obey it (16). But in matters of action he waits upon his inner voice, "Unless I have the inner incorruptible conviction, this is the solution, I do nothing...I will not act, I will wait no matter what happens. But if the voice speaks, then I know the time has come to act" (15, 181). Like Socrates he listens to his Daimon.
Hitler's Attitude toward Power and His Need for Aggression. - To the German people and the world at large, Hitler appears as a man of tremendous strength of will, determination, and power. Yet those who are or have been close to him (e.g., 13) know that he is conscious of being powerful and impresses others as such only at certain times. When he is declaiming to a great throng or when he is on one of his solitary walks through the mountains, then Hitler is conscious of his destiny as one of the great and powerful of the ages. But in between these periods he feels humiliated and weak. At such times he is irritated and unable to do or decide anything. It is these feelings of his own weakness that no doubt have determined to a great extent his ideas on the education of youth. All weakness must be knocked out of the new German youth, they must be indifferent to pain, have no fear of death, must learn the art of self-command; for only in this way can they become creative Godmen (15). Hitler's feelings of weakness and power probably also determine his attitudes towards peoples and nations. For those who are weak, or for some reason do not display power, he has only contempt.  

9 "My great political opportunity lies in my deliberate use of power at a time when there are still illusions abroad as to the forces that mould history" (13, 271).
For those who are strong he has feelings of respect, fear, submissiveness (4; 9; 15). For the Britain of the great war period he had great respect (9), but only contempt for the powerless Indian revolutionaries who tried to oppose British imperial power (9).10

For the masses over whom he has sway he feels only contempt. He compares them to a woman who prefers to submit to the will of someone stronger (9). He harangues the crowd at night when they are tired and less resistant to the will of another (9). He uses every psychological trick to break the will of an audience. He makes use of all the conditions which make in the German people for a longing for submission, their anxieties, their feelings of loneliness (9). He understands his subjects because they are so like himself (4).

Closely related to his attitude toward power, and one of the basic elements of Hitler's personality structure, is a deep-lying need for aggression, destruction, brutality. It was with him in phantasy at least in childhood (9). And there is evidence...

10 It is interesting to note that the war against Britain appears only to have broken out because Hitler was convinced that she would not and could not resist the strength of the German armed forces.
of it from his days in Vienna (7). We know too (9) that the outbreak of the first great war was a tremendously thrilling experience for him. Since the war we have seen his adoption of so-called "communist" methods of dealing with hecklers (9), the murder of his close friends, his brutality toward the Jews, his destruction of one small nation after another, and his more recent major war against the rest of the world. But this element of his personality is so potent that it hardly needs documenting.

Hitler's attitude toward the Jews and toward Race. - Anti-Semitism is not an uncommon thing and Europe has a long history of it but, as has been pointed out, "in the case of Hitler, the Jew has been elevated, so to speak, to a degree of evilness which he had never before obtained" (10, 8). That this hatred is of a more than usual pathological nature is suggested by the morbid connection which Hitler makes between the Jew and disease, blood disease, syphilis (9), and filthy excrescences of all sorts. The Jew in fact is not even a beast, he is a creature outside nature (15). He is at the root of all things evil not only in Germany but elsewhere and only through his destruction may the world be saved. It is at this point, too, that Hitler's feelings about race
find expression. For him there is an inner emotional connection between sex, syphilis, blood impurity, Jewishness and the degeneration of pure, healthy, and virile racial strains. Like the need for aggression, his fear of the tainting of blood is a major element in Hitler's personality structure.

Hitler's Attitude toward Sex.—That Hitler's attitude toward sex is pathological is already clear from what has been said above. The best sources we have do not, however, tell us explicitly what it is that is wrong with Hitler's sex life. From the fact that his close associate, Röhm, as well as many of the early Nazis were homosexuals it has been a matter of gossip that Hitler too is affected in this way. All reliable sources, however, deny that there is any evidence whatever for such an idea (8). In fact, Hitler appears to have no close men friends, no intimates at all. Röhm was the only one whom he addressed with the intimate "du" (5) and it is reported that no one has succeeded since the latter's death to such a position of intimacy.

In regard to women, the reports are conflicting. Most of the recent books by newspaper men (e.g., 5) stress Hitler's asceticism, his disinterest in women.
However, Heiden (8) documents his love affairs, and Hanisch (7), Strasser (18), and Rauschning (13) have considerable to say about his attitude toward the opposite sex. As far as can be ascertained, it is completely lacking in respect, even contemptuous (7); it is opportunistic (18; 16) and in the actual sexual relationship there is something of a perverse nature along with a peculiar enslavement to the partner of his choice (8). It is certain that many women find Hitler fascinating (16; 7) and that he likes their company, but it is also true that he has never married, and in every love affair the break was made, not by Hitler, but by the lady concerned (9). In one case, that of his niece, Geli, there was real tragedy involved for either he murdered her in a fit of passion, according to Strasser's evidence (13), or he so abused and upset her that she committed suicide (8). Finally, one must mention again his frenzied outburst against syphilis in Mein Kampf (9) as if the whole German nation were a vast putrifying hotbed of this loathsome disease. Heiden's statement (3) that "there is something wrong" with Hitler's sex life is surely an eloquent understatement.
Hitler's need to Talk: - This rather obvious need is worth noting at this point, after what has just been said above. Ever since Hitler's discovery of his facility as a speaker, his own people and the world have been deluged with his words. The number of speeches is large, varying in length from one and a half to two hours, though there are several of three and even four hours' duration. In private, moreover, Hitler seldom converses, for each individual whom he addresses is a new audience to be harangued. In his moments of depression he must talk to prove to himself his own strength and in moments of exaltation to dominate others.

Hitler's Attitude toward Art: - Though Hitler's father intended him to be a civil servant, he himself craved to be an artist and his failure to be recognized as such by the Vienna school was one of his most traumatic experiences. As Führer his interest in art continues and he shows distinctly favorable attitudes toward music, painting, and architecture.

As is well known, Wagner is Hitler's favorite -- we might almost say only -- composer. At twelve he was captivated by Lohengrin, at nineteen in Vienna he was championing the merits of Wagner as
against Mozart (7), and as Führer he has seen Die Meistersinger over a hundred times (19). He knows all of Wagner's scores (19) and in their rendition he gets emotional release and inspiration for his actions. His savior complex, feelings about sex, race purity, his attitudes toward food and drink, all find stimulus and reinforcement in the plots, persons, and themes of his favorite composer. It is interesting, for example, that Hitler has chosen Nuremberg, the town which Wagner personified in Hans Sachs, as the official site of the meeting of the annual Nazi Party Congress (19).

Wagner's influence over Hitler extends beyond the realm of music to that of literature. Among the Führer's favorite readings are Wagner's political writings, and consciously or unconsciously he has copied Wagner's turgid and bombastic manner with a resulting style which according to Heiden often transforms "a living sentence into a confused heap of bony, indigestible words" (8, 308).

In the field of painting there are two matters to consider -- Hitler's own work and his attitude toward the work of others. As regards the former, we have evidence that during his Vienna days Hitler showed little ability except for copying the painting

11. From the analytic point of view this may well be interpreted as a compensation for sexual difficulties.
of others (7). Some of the works that are extant, however, display some flair for organization and color, though there is nothing original. Many of his paintings show a preoccupation with architecture, old ruins, and with empty desolate places; few of them contain people. The somewhat hackneyed designs of the party badge and flag give further evidence of lack of originality. As regards the painting of others, Hitler has surrounded himself with military pictures of all sorts and with portraits of very literal and explicit nudes (13; 18). At his command German art has been purged of its modernism, and classic qualities are stressed instead.

It is in architecture that Hitler's artistic interest finds its greatest outlet. He spends a great deal of time over architect's designs and all important German buildings and monuments must be approved by him. Massiveness, expansiveness, size, and classic design are the qualities which Hitler stresses and approves in the buildings of the new Germany. His seventy-five-foot-broad motor roads, the conference grounds at Nuremberg, and his retreat at Berchtesgaden are all examples of these emphases.
Hitler's Ascetic Qualities.— Hitler's ascetic qualities are popularly known and are substantiated by many writers (5; 13). Hitler himself, according to Rauschning (16), accredits his vegetarianism and his abstinence from tobacco and alcohol to Wagner's influence. He ascribes much of the decay of civilization to abdominal poisoning through excesses. This ascetism of Hitler's is all the more striking among a people who, on the whole, are heavy eaters and fond of drinking. It is worthy of note, however, that at times Hitler is not averse to certain types of over-indulgence. He is, for example, excessively fond of sweets, sweetmeats, and pastry (7; 13), and will consume them in large quantities.

Hitler's Peculiar Abilities.— Hitler, the uneducated, is nevertheless a man of unusual ability, particularly in certain areas where formal education is of little value and even in areas where it is supposed to be important. More than once we find those who know him (e.g., Rauschning (16) stressing his extraordinary ability to take a complicated problem and reduce it to very simple terms. It is hardly necessary to document Hitler's ability to understand and make use of the weaknesses of his opponents, his
ability to divide them and strike them one by one, his sense of timing so as to strike at the most opportune moment. It is certain, however, that these abilities of Hitler's have definite limitations. Hitler has become more and more insolated (16) from contact with what is actually occurring and thus has insufficient or incorrect data on which to base his decisions. Moreover, his own frame of reference is an unsatisfactory guide to an understanding of peoples outside the European milieu. He has, consequently, frequently misunderstood both British and American points of view with unhappy results to his own program of expansion.

Overt Evidence of Maladjustment. - Certain facts symptomatic of maladjustment have already been mentioned, such as his peculiar relationship to women. Here there have to be added others of a less specific nature. Hitler suffers from severe incomnia and when he does sleep has violent nightmares (16). At times he suffers from hallucinations, often hearing voices on his long solitary walks (16). He has an excessive fear of poisoning and takes extreme precautions to guard against it both in his food and in his bedroom (16). Here the bed must be made only in one specific
way (13). He cannot work steadily, but with explosive outbursts of activity or not at all (13; 8). Even the smallest decision demands great effort and he has to work himself up to it. When thwarted, he will break out into an hysterical tantrum, scolding in high-pitched tones, foaming at the mouth, and stamping with uncontrolled fury (13). On several occasions, when an important speech was due, he has stood silent before his audience and then walked out on them (13). In the case of at least one international broadcast he was suddenly and inexplicably cut off the air. Finally, there is Hitler's threat to commit suicide if the Nazi party is destroyed or the plans of the German Reich fail (3).

THE SOURCES OF HITLER'S MALADJUSTMENTS

The Sources of Hitler's Aggressive and Submissive Traits. - The schizoid temperament, one such as Hitler's, which combines both a sensitive, shy, and indrawn nature with inhibitions of feeling toward others, and at the same time, in way of compensation, violent aggressiveness, callousness, and brutality, from one point of view of constitutional psychology is usually associated with a particular type of physique. It is difficult from the sort of photograph available to classify
Hitler's physique accurately. He probably falls in Kretschmer's athletic group though verging on the pyknic (11). This would place him in the schizophrenic group of temperaments. In terms of Sheldon's system, he is probably classifiable as a 443 with a considerable degree of gynandromorphy, that is, an essentially masculine body but one showing feminine characteristics also (17).

Probably more important, however, is the social milieu and the family situation in which Hitler grew up. In a strongly patriarchal society, his father was particularly aggressive and probably brutal toward his son, Adolf. This would produce an individual both very submissive to authority and at the same time boiling over with rebelliousness to it. Further, we know of the extreme attachment which Hitler had for his mother. If, as seems most likely, he has never outgrown this, there might be a protest in his nature against this enslavement, which in turn might give rise to a deep unconscious hatred, a possible source of frightful unconscious rage. Finally,

12 Note Hitler's frequent and unusual use of the word Motherland for Germany (9).

13 Hitler's hatred of meat and love of sweets is said to be often found in cases harboring an unconscious hate of the mother (15).
the consistent failure to achieve his artistic ambitions, his loneliness and poverty in Vienna, his failure to arrive at any higher status than that of corporal in his beloved army (8), all must have stimulated in highest degree whatever original tendency there was toward brutality and destructiveness.

The sources of Hitler's Anti-Semitism. - Anti-Semitism was part of the social milieu in which Hitler grew up. He admits himself (9) that he avoided the only Jewish boy at school and it is known that anti-Semitism and asceticism were strong in Catholic rural communities in Europe. In Vienna, of course, Hitler came in contact with violent anti-Semitic literature and it is at this period that he claims his deep-rooted hatred for the Jews was born (9). The pathological strength of this hatred suggests that there were certain psychological as well as cultural reasons for it. What they were we can only surmise but we can list certain possibilities. We know that the name Hitler is a common Jewish one (8), that Adolf was teased about his Jewish appearance in Vienna.14 There is, too, the mystery of

14 It is interesting that Hitler's description of the first Jew to arouse his hatred is almost word for word the same as Hanisch's description of Hitler in Vienna (7).
Alois Hitler's true parentage which his son may have known. We also know that many of the people who helped him, gave him food, and bought his paintings were Jews. To have to accept kindnesses from people he disliked would not add to his love of them. But there must be more to it than this for Hitler's anti-Semitism is bound up with his morbid concern with syphilis and phobia over contamination of the blood of the German race. This, therefore, leads to a discussion of Hitler's theories.

**Sources of Hitler's Theories of Race and Blood.**

The concept of the superiority of the Aryan race is, of course, not new with Hitler. Its great exponent was Houston Stewart Chamberlain. In the writings of Wagner also the same conception is exalted. But the constant repetition of the idea of blood, pure blood, and untainted blood which occurs in *Mein Kampf* calls for a more than purely cultural explanation. This is suggested all the more forcefully because of the association which Hitler makes between impurities of blood which are due to disease (syphilis) and impurities in the blood of a superior race due to mixture with a racially inferior stock; further

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15 His rejection of the Jew may also stem from the rejection within himself of the passive gentle elements which are prominent in Hebrew-Christian thought.
to the fact that he points to the Jews as the source of both.

Now it is known that syphilophobia often has its roots in the childhood discovery of the nature of sexual congress between the parents. With a father who was an illegitimate and possibly of Jewish origin, and a strong mother fixation, such a discovery by the child Adolf may well have laid the basis of a syphilophobia which some adventure with a Jewish prostitute in Vienna fanned to a full flame. Terrified by the fear of his own infection, all the hatred in his being is then directed toward the Jews.

ONE POSSIBLE PSYCHOLOGICAL INTERPRETATION

Hitler's personality structure, though falling within the normal range, may now be described as of the paranoid type with delusions of persecution and of grandeur. This stems from a sado-masochistic split in his personality (4). Integral with these alternating and opposed elements in his personality are his fear of infection, the identification of the

16 The name Hitler is Jewish as was pointed out.
17 This is mere conjecture and must be treated as such. But it is the sort of explanation which fits known psychological facts.
Jews as the source of that infection, and some de
rangement of the sexual function which makes his rela­tions to the opposite sex abnormal in nature.

The drama and tragedy of Hitler's life are the projection onto the world of his own inner conflicts and his attempts to solve them. The split in Hitler's personality seems clearly to be due to his identifica­tion both with his mother, whom he passionately loved, and with his father, whom he hated and feared. This dual and contradictory identification (the one is gentle, passive, feminine; the other brutal, aggressive, masculine) results -- whenever Hitler is playing the aggressive rôle -- also in a deep hatred and contempt for his mother and love and admiration for his father. This inner conflict is projected into the world where Germany comes to represent the mother, and the Jew and -- for a time -- the Austrian State, the father. Just as the father is the cause of his mixed blood, the source of his domination and punish­ment, and of the restrictions of his own artistic development; just as in the childish interpretation of sexual congress the father attacks, strangles, and infects the mother, so the Jew, international Jewish capital, etc., encircle and restrict Germany,
threaten and attack her and infect her with impurities of blood. Out of the hatred of the father and love of the mother came the desire to save her. So Hitler becomes the savior of Germany, who cleanses her of infection, destroys her enemies, breaks their encirclement, removes every restriction upon her so that she may expand into new living space, uncramped and unthrottles. At the same time, Hitler is cleansing himself, defending himself, casting off paternal domination and restriction.

Not only is the Father feared but he is a source of jealousy for he possesses, at least in part, the beloved mother. So he must be destroyed to permit complete possession. The destruction of the father is achieved symbolically by the destruction of the Austrian State and complete domination and possession of the mother through gathering all Germans in a common Reich.

But the mother is not only loved but hated. For she is weak, besides he is enslaved to her affections and she reminds him all too much, in his rôle as dominant father, of his own gentle sensitive nature. So, though he depends on the German people for his position of dominance, he despises and hates them,
he dominates them and, because he fears his very love of them, he leads them into the destructiveness of war where multitudes of them are destroyed. Besides, the Jewish element in his father identification permits him to use all the so-called "Jewish" tricks of deceit, lying, violence, and sudden attack both to subject the German people as well as their foes.

To be dominant, aggressive, brutal is to arouse the violent protest of the other side of his nature. Only severe anxiety can come from this; nightmarers and sleepless nights result. But fear is assuaged by the fiction of the demands of Fate, of Destiny, of the Folk-Soul of the German people.

The denouement of the drama approaches at every aggressive step. The fiction of the command of Fate only holds as long as there is success -- greater and greater success to assuage the mounting feelings of anxiety and guilt. Aggression, therefore, has a limit; it cannot go beyond the highest point of success. When that is reached, the personality may collapse under the flood of its own guilt feelings. It is, therefore, quite possible that

18 That Hitler is partly conscious of this we know from his own threats of suicide and references to dying for the German people (9).
Hitler will do away with himself at whatever moment German defeat becomes sufficient enough to destroy the fiction of Fate which has shielded him from the violence of his own guilt. He may then turn upon himself the destructiveness which so long has been channelled toward his people and their neighbors.
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